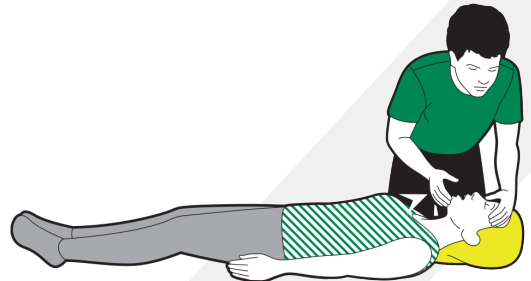


# Ask me what to do if someone is unresponsive

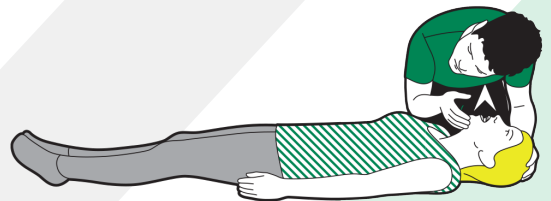
## 1. Open their airway



## 2. Tilt head

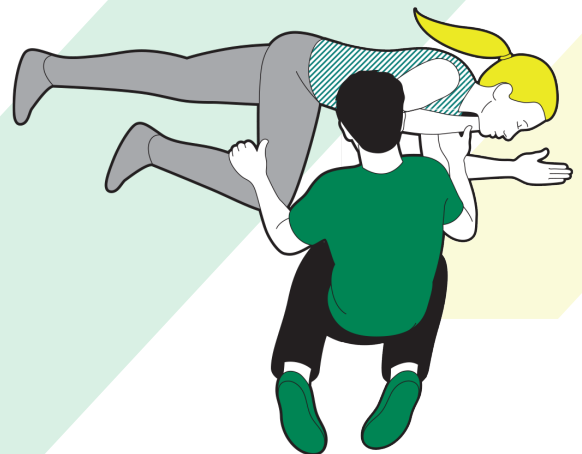
## 3. Check for normal breathing

- Look, listen and feel.



## 4. If they're breathing

- Put them in the recovery position.
- Then call 999/112 for an ambulance.



## 5. If they're not breathing

- Call 999/112 for emergency help.
- Start CPR.