

#WORKPLACE WELLBEING

MENTAL HEALTH IN THE WORKPLACE THE FACTS

A NATIONAL ISSUE...



THE ANNUAL COST OF MENTAL ILL HEALTH TO THE UK ECONOMY IS BETWEEN **£74 BILLION AND £99 BILLION**



70 MILLION DAYS' WORK IS LOST EVERY YEAR DUE TO MENTAL ILL HEALTH

THE TOTAL COST TO BUSINESS IS BETWEEN **£33 BILLION AND £42 BILLION** EACH YEAR. THIS IS MADE UP OF:

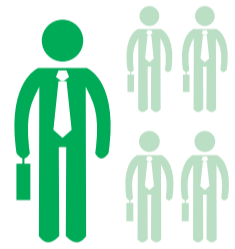


£17 BILLION TO £26 BILLION COST OF REDUCED PRODUCTIVITY



£8 BILLION COST OF SICKNESS ABSENCE
£8 BILLION COST OF STAFF TURNOVER

...THAT IMPACTS YOUR BUSINESS...



LESS THAN 1 IN 5 PEOPLE ARE AWARE OF THEIR EMPLOYER HAVING A WELLBEING POLICY



2 OUT OF 5 PEOPLE HAVE TAKEN A DAY OR LONGER OFF WORK DUE TO MENTAL HEALTH AND WELLBEING ISSUES

JUST UNDER HALF (45%) OF EMPLOYEES HAVE CONSIDERED LEAVING A JOB AND **1 IN 4** PEOPLE ACTUALLY HAVE LEFT A JOB DUE TO MENTAL HEALTH AND WELLBEING ISSUES



...AND THE PEOPLE WHO WORK THERE



1 OUT OF 4 PEOPLE FEEL THEIR WORK IS CONTRIBUTING NEGATIVELY TO THEIR WELLBEING



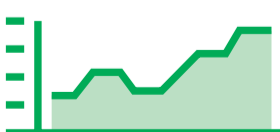
2 OUT OF 3 PEOPLE FEEL UNCOMFORTABLE ASKING FOR A MENTAL HEALTH SICK DAY



300,000 PEOPLE WITH LONG TERM MENTAL ILL HEALTH LOSE THEIR JOBS EACH YEAR

THE BENEFITS OF MANAGING MENTAL HEALTH

YOUR MOST IMPORTANT ASSET IS YOUR PEOPLE. WHY WOULDN'T YOU INVEST IN THEIR HAPPINESS AT WORK?



30% OF BUSINESS COSTS (£8 BILLION PER YEAR ACROSS THE UK) COULD BE SAVED THROUGH INVESTMENT IN WELLBEING



EVERY **£1** SPENT ON WELLBEING DELIVERS POSITIVE RETURN ON INVESTMENT (AN AVERAGE RETURN OF **£4.20 FOR EVERY £1 SPENT**)

Create a safer workplace.

With a trusted partner.

Be the difference.

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